

September 2021



C.O. Harrison, Delshire, J.F. Dulles, Oakdale, Springmyer

			, , , ,	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Crispy Chicken Nuggets With Soft Dinner Roll -OR- Macaroni and Cheese With Soft Dinner Roll Mashed Potatoes With Gravy Corn 100% Fruit Juice Milk	Bosco Cheese Filled Breadsticks 31 With Marinara Sauce -OR- Cheeseburger On A Bun Broccoli Crunchy Carrots Cinnamon Applesauce Cup Milk	Chicken and Waffles 1 -OR- Grilled Cheese With Pickle Slices Emoji Potatoes Corn SideKicks Frozen Cup Milk	Cincinnati Style 3-Way Chili 2 With Cinnamon Roll -OR- Chicken Drumstick With Cinnamon Roll Oyster Crackers Kidney Beans Green Beans Mandarin Oranges	Big Daddy Pizza <u>3</u> -OR- Hot Dog On A Bun Celery Sticks With Ranch Dressing Crunchy Carrots Pears Milk
NO SCHOOL LABOR DAY HOLIDAY	Mini Pancakes 7 and Turkey Sausage Patties -OR- Hot Dog On A Bun Hashbrown Rounds Green Beans Peaches Milk	Corn Puppies <u>8</u> -OR- Grilled Cheese With Pickle Slices Broccoli Corn Strawberry Cups Milk	Beef Walking Taco -OR- Assorted Cheese Pizza Goldfish Crackers Black Beans Salsa Corn Fresh Red Delicious Apples Milk	Big Daddy Pizza 10 -OR- Chicken Patty On A Bun Cucumbers With Ranch Dressing Crunchy Carrots SideKicks Frozen Cup Milk
Crispy Chicken Nuggets With Soft Dinner Roll -OR- Macaroni and Cheese With Soft Dinner Roll Mashed Potatoes With Gravy Corn 100% Fruit Juice Milk	French Toast Sticks and Turkey Sausage Patties -OR- Assorted Cheese Pizza Broccoli Crunchy Carrots Mixed Fruit Cups Milk	Popcorn Chicken and Biscuit 15 -OR- Grilled Cheese With Pickle Slices Wedge Cut Seasoned Potatoes Corn SideKicks Frozen Cup Milk	Cincinnati Style 3-Way Chili 16 With Cinnamon Roll -OR- Chicken Drumstick With Cinnamon Roll Oyster Crackers Kidney Beans Green Beans Strawberry Banana Applesauce Cup Milk	Big Daddy Pizza 17 -OR- Cheeseburger On A Bun Celery Sticks With Ranch Dressing Crunchy Carrots Fresh Oranges Milk
Crispy Chicken Nuggets With Soft Dinner Roll -OR- Assorted Cheese Pizza Mashed Potatoes With Gravy Corn 100% Fruit Juice Milk Crispy Chicken Nuggets With Soft Dinner Roll -OR- Macaroni and Cheese With Soft Dinner Roll Mashed Potatoes With Gravy Corn 100% Fruit Juice Milk	Mini Pancakes and Turkey Sausage Patties -OR- Hot Dog On A Bun Tri Taters Green Beans Strawberry Cups Milk MARCO'S PIZZA DAY -OR- Cheeseburger On A Bun Emoji Potatoes Crunchy Carrots Cinnamon Applesauce Cup Milk	Spaghetti and Meat Sauce With Garlic Breadstick -OR- Grilled Cheese With Pickle Slices Broccoli Crunchy Carrots Peaches Milk Chicken and Waffles -OR- Grilled Cheese With Pickle Slices Broccoli Corn SideKicks Frozen Cup Milk	Beef Walking Taco -OR- Chicken Patty On A Bun Goldfish Crackers Black Beans Salsa Corn Fresh Gala Apples Milk Cincinnati Style 3-Way Chili With Cinnamon Roll -OR- Chicken Drumstick With Cinnamon Roll Oyster Crackers Kidney Beans Green Beans Mandarin Oranges	Big Daddy Pizza -OR- Hamburger On A Bun Cucumbers With Ranch Dressing Crunchy Carrots SideKicks Frozen Cup Milk OFFER VS SERVE The Five Meal Components for School Lunch Choose at least 3 including: -Y: Cup of Bruffs or Viegostabiles -At Least 2 Octoor For best nutrition, CHOOSE ALL 5

ALTERNATIVE ENTREES

Daily Monday Cheese Sandwich, Ham/Cheese Sandwich, Turkey/Cheese Sandwich, Peanut Butter and Jelly Sandwich, Salad

Munch Monday - Bread Rounds, Pizza Sauce, Shredded Mozzarella Cheese, Pepperoni

Tuesday Yogurt Meal - Yogurt, String Cheese, Zee Zee Bar, Goldfish Crackers Wednesday Wow Wednesday – PBJ Sandwich, String Cheese, Bug Bites Gram Snacks Thursday Breakfast Pack - Yogurt, String Cheese, Cereal Bowl, Breakfast Bread Friendly Friday – Baked Scoops, Goldfish Pretzels, Nacho Cheese